



**Queen Ethelburga's Collegiate
Personal Development Department Year 9 Overview 2023-2024**

This is an overview of the different topics in Personal Development which are subject to change in response to current issues. Personal Development encompasses SMSC, careers and works closely with all other school teams to provide a bespoke programme for all students in KS3 and 4. It is delivered by specialist subject teachers in dedicated lessons located in the Personal Development Department. All students receive 1 hour each week.

Term	Week	w/c	Lesson themes	SMSC
Autumn (1)	1	04.09.2023	Reflections of summer/Learning contracts /teamwork/expectations in PD/ target setting/interests	All
	2	11.09.2023	Prevent/British Values/Friendships	SMC
	3	18.09.2023	Mindfulness and Stress Relief	SSC
	4	25.09.2023	Digital Wellbeing Week	S
	5	02.10.2023	Sexting/Nudes/Consent/Self-Respect	SMC
	6	09.10.2023	Healthy and Unhealthy Relationships	SMC
	7	16.10.2023	Restart a Heart – First Aid	S
Autumn (2)	8	06.11.2023	Careers	SMC
	9	13.11.2023	Anti-bullying Awareness Week	All
	10	20.11.2023	Slavery and Trafficking – Sex Trade	SMC
	11	27.11.2023	Female Genital Mutilation & Breast Ironing	SMC
	12	04.12.2023	Terrorism and Radicalisation	SMC
	13	11.12.2023	Knife Crime	SMC
Spring (1)	14	08.01.2024	Careers – Transitions into Year 10	SMC
	15	15.01.2024	Parenting/Baby Borrowers	SMC
	16	22.01.2024	Self-Harm	SMC
	17	29.01.2024	Wellbeing Awareness Week	All
	18	05.02.2024	Special Relationships/Consent/Law	SMC
Spring (2)	19	19.02.2024	Sexually Transmitted Infections	SMC
	20	26.02.2024	Contraception	SMC
	21	04.03.2024	Equality Awareness Week	SMC
	22	11.03.2024	Equality Act – Freedom Writers	SMC
	23	18.03.2024	Eating Disorders	SMC
Summer (1)	24	08.04.2024	Smoking and Vaping	SMC
	25	15.04.2024	Alcohol Part 1	SC
	26	22.04.2024	Drugs Part 2	SMC
	27	29.04.2024	Relationship Values	SMC
	28	06.05.2024	Financial Choices	SM
	29	13.05.2024	Spirituality Awareness Week	All
	30	20.05.2024	Addictions – Online Pornography	SMC
Summer (2)	31	03.06.2024	Cancer Awareness	S
	32	10.06.2024	Year 9 Overview/Targets for Year 10	SMC
	33	17.06.2024	Cultural Awareness Week	All

Please note that lesson themes and dates are subject to change.

Level 1

SMSC meanings: This is embedded into the topics we deliver as indicated on the overview.

<p style="text-align: center;">Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;">Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;">Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;">Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>