



Personal Development Department Year 4 Overview 2024-25

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

Autumn Term

Year Four	Week	W/C	Unit Title	Lesson Themes
PD Autumn				
	1	02/09/2024	Christianity/ VIP	Settling in- school policies, e-safety/ AUP, PD ground rules. Being part of a team, Circle time rules
	2	09/09/2024		Who and where/ family and friends
	3	16/09/2024		Main Beliefs / fabulous friends
	4	23/09/2024		Special places/ Is this a good relationship Digital Awareness Week
	5	30/09/2024		Special festivals/Falling out
	6	07/10/2024		Holy Book/what is bullying
	7	14/10/2024		Symbols and meanings/Stand up to bullying
			October Half Term	
	8	04/11/2024	Digital Wellbeing The Bible	The digital world what makes a text sacred?
	9	11/11/2024		Who Wrote the Bible? Digital Kindness AntiBullying Awareness Week
	10	18/11/2024		Do I know you? Stories, songs and Psalms
	11	25/11/2024		Online information Speaking in Stories
	12	02/12/2024		Keep it private How do Christians use the Bible?
	13	09/12/2024		My Digital Wellness - What is scared to you ?
			Christmas Holidays	

Spring term

Year Four	Week	W/C	Unit Title	Lesson Themes
PD Spring				
	14	06/01/2025	<p>Pilgrimages Think Positive</p>	Budhism Pilgrimages Happy minds Happy people
	15	13/01/2025		Thoughts and Feelings Christian pilgrimages
	16	20/01/2025		Changes Hindu Pilgrimages
	17	27/01/2025		Well-being Awareness Week - Healthy Habits focus
	18	03/02/2025		Keep calm and relax Muslim Pilgrimages
	19	10/02/2025		You're the boss - Jewish Pilgrimages
			February Half Term	
	20	24/02/2025	<p>Growing up People of Faith</p>	*Changes in girls Dalai Lama
	21	03/03/2025		*Changes in boys Malala Yousafzia
	22	10/03/2025		*Changing emotions Rabbi Jonathan Sacks
	23	17/03/2025		Relationships and Families Fauja Singh
	24	24/03/2025		Circle Time Fauja Singh
	25	31/03/2025		Awareness Week - Gender Roles focus
	26	07/04/2025		Circle Time Bear Grylls
				Easter Holidays

Summer term

Year Four	Week	W/C	Unit Title	Lesson Themes
PD Summer				
	27	28/04/2025	<p>Safety First Food and Fasting</p>	New responsibilities How do we think about Food?
	28	05/05/2025		Safety out and about Fasting
	29	12/05/2025		Dangerous substances Food for celebration Cultural Awareness Week
	30	19/05/2025		Injuries and Emergencies Feast
			May Half Term	
	31	02/06/2025	<p>One World Buddism</p>	Main beliefs / Chiwa and Kwende
	32	09/06/2025		Special Places / Chiwa's Dilema 1
	33	16/06/2025		Special Festivals Transition into Year 5

Please note that lesson themes and dates are subject to change.

Social, Moral, Spiritual and Cultural (SMSC)

This is embedded into the topics we deliver as indicated on the overview.

<p style="text-align: center;">Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;">Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;">Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;">Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>